

***“A STUDY TO ASSESS THE EFFECTIVENESS OF LAUGHTER THERAPY ON THE LEVEL  
OF LONELINESS AMONG ELDERLY RESIDING IN SELECTED OLD AGE HOMES OF  
PUNE CITY”***

**Received: 25 Nov 2023**

**Accepted: 15 Dec 2023**

**Published: 22 Dec 2023**

***ABSTRACT***

*The ageing process is accelerated by a variety of molecular and cellular damage that builds up over time. As a result, one's physical and mental capabilities steadily decline, their risk of contracting diseases rises, and eventually they pass away. These modifications are neither linear nor consistent, and they only obliquely relate to a person's age stated in years. Diversity in terms of age is not accidental. Aside from biological modifications, ageing is typically associated with*

